

NEW HOPE NORTH EAST

Newsletter

Welcome To Our Newsletter!

Welcome to the NHNE Newsletter! Here, you can read all about our recent activities, learn about upcoming events for 2025, and discover new ways to get involved and access support.

After a great 2024, we're looking forward to starting exciting new projects and organising a new programme of trips and activities! Find out what we have in store in the coming months on pages 5 and 6.



Children's Activities

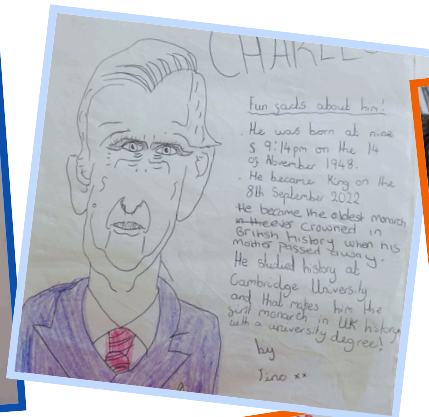
We had a busy summer and autumn at NHNE! Our children and young people made the most of the sunshine by taking part in a range of inclusive outdoor sports sessions. We also enjoyed trips to the South Shields seaside - including bowling at Dune's Arcade, and playing on the beach with our families and friends (and, of course, eating plenty of ice cream!)

Our hard-working team of sessional workers have also led online activity sessions for our members to enjoy at home. Aidevo taught us how to cook a delicious Native Inspired Fried Rice - and the results were amazing! Debbie has also been helping our members to create fantastic coronation-inspired poems and artwork, as part of our ongoing King Charles III Project. Check out some of the fantastic work on the next page!

We're excited to plan our next season of children's activities, and look forward to have you all join us!



Autumn Arts and Crafts



Well done to all of our children/young people who took part in our autumn arts and crafts.

Your artwork is fantastic!

Gardening

NHNE has five wheelchair-accessible raised beds in the Trinity Walk allotment, where we plant and harvest a variety of organic vegetables.

This summer, our gardening lead Tendai has worked alongside our volunteers to grow delicious vegetables, including spinach and tomatoes.

Our gardening sessions are a great way for families to learn about healthy eating, develop new skills, as well as enjoy access to outdoor spaces.

We're looking forward to planning this year's gardening activities, and welcoming you all back to the allotment when the growing season starts again!



At the allotment!

Parent/Carer Activities

NHNE works hard to support children and young people with disabilities, but we also understand the struggles parents and carers face. That's why we believe it's important to provide support that's inclusive of all members of the family.

NHNE helps parents and carers in a number of ways. Our monthly Parent/Carer Support and Wellbeing forum runs on the last Friday of every month. It's an opportunity to hear from a range of professionals, connect with other parents/carers, and access advice and support.

Over the summer, we've had talks from the police service, fire service, SEND professionals, and more!

We also took some of our parents and carers on a trip to Bannatyne's spa, for a well deserved relaxing break! We had a lovely time enjoying the facilities and treatments. You can find out more about upcoming parent's activities on page 5.



Learn More

www.newhopenortheast.co.uk

Award Winners!

NHNE was delighted to receive two awards at the #LoveSouthTyneside Awards 2024! The awards celebrate civic pride and community spirit across South Tyneside, and recognise individuals and organisations that go the extra mile in the local community.

NHNE received the *Supporting Others* award, which celebrates people who volunteer their time to support others in times of need. Our CEO Elizabeth also received the *Above and Beyond* award – which recognises those who bring something extra special to their job. Well done and congratulations to Elizabeth, and our staff and volunteers for your commitment and determination!



At the awards!

Supporting South Tyneside

As a community-led organisation, we love to get involved in events across South Tyneside. In July, NHNE members, volunteers, and staff took to the streets of South Shields to join in the South Tyneside Summer Parade. We had lots of fun representing our organisation in the local community, and showing off the fabulous hats our children and young people created for the occasion! We also hosted a stall at the Ocean Road Mela - increasing awareness and raising money for NHNE.

In August, we were honoured to host the Mayor and Mayoress of South Tyneside at our offices at Trinity House Social Centre. This was a fantastic opportunity for parents/carers and staff to share the work NHNE does - as well as discuss the challenges we face and our aspirations for the future. We were delighted to spend time highlighting ways we can improve the lives of local families, and we're proud to continue working alongside our local authority in serving our community.



Learn More

www.newhopenortheast.co.uk

Upcoming Activities

Children/Young People's Activities

Our CYP Activities run every Friday from 4-6pm. We provide updated information every week via the Parent/Carer WhatsApp group.

- Online Arts and Crafts (24 and 31 January)
- Chinese New Year Celebration (7 February)
- Valentines Online Cooking (14th February)
- Bowling and Soft Play (22nd February)



Parent/Carer Support

Our Parent/Carer Support Forum runs on the last Friday of every month. Keep an eye out on the Parent/Carer Whatsapp group for further updates.

We also offer one-to-one confidential support and advice from our office at Trinity House Social Centre. Get in contact or speak to a member of staff to learn more!



Get Involved

Are you interested in learning new skills, supporting children and young people, and giving back to the local community? Sign up to be a NHNE volunteer today! We're currently on the lookout for people to support with:

- Office Administration
- Graphics/IT
- Children's Activities
- Cleaning
- Gardening

Upcoming Events

February Half Term

22nd February 2025

11am

The Dunes Amusements and Soft Play
Sea Rd, South Shields NE33 2LA

Join us this February at Dunes Amusements for some half term fun! Children will have the option of bowling or soft play, and food and refreshments will be provided.



Easter Party

Saturday 5th April 2025

1:00-4:30pm

St Jude's Hall, NE33 5PB

Enjoy some Easter fun at our annual Easter Party - the perfect way to celebrate the season and all of our achievements in the past year! Expect lots of dancing and party games - as well as plenty of snacks and surprises.

Children who completed the King's Project will also receive their certificates and prizes at this event - so make sure to attend.

Whitehouse Farm Trip

Date TBC

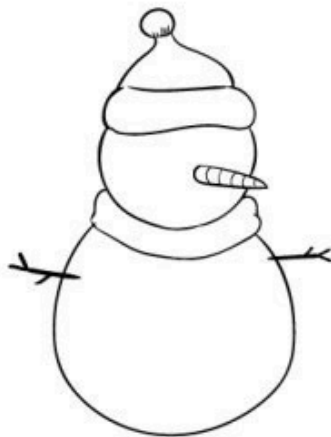
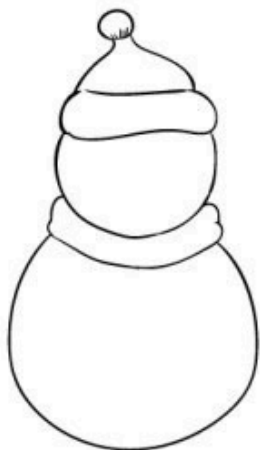
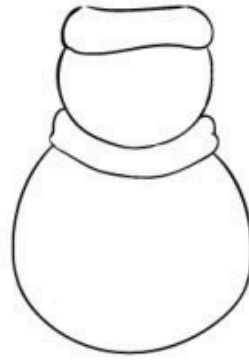
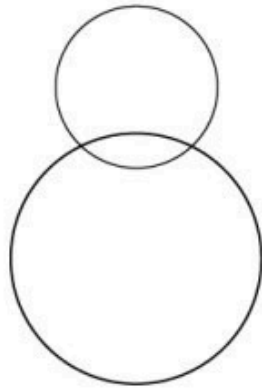
Whitehouse Farm Centre, Morpeth NE61 6AW

Following our popular family trip last year, this Easter, we're taking another trip to Whitehouse Farm!

Join NHNE for some springtime adventures in the Easter holidays. Transport will be provided. The date for this event will be confirmed following a consultation with parents/carers.



Winter Craft: Draw a Snowman





Our Staff

Elizabeth Sunduzwayo
CEO

Emily McAuliffe
Project Coordinator

Tendai Dodzo
Office Administrator

Rebecca Matthews
Outreach Worker

Deborah Halliday
Arts and Crafts Sessional Worker

Our Volunteers and Trustees


A huge thank you to our dedicated team of volunteers and trustees! Without you, NHNE couldn't do the amazing work we do.

Volunteers:

Deborah Halliday, Daisy Moyo, Assiatu Jalloh, Rose Chidarikire, Ansy Rwodzi

Trustees:

John Braithwaite (Chair), Queen Hilda Neshava (Treasurer), Guea Atkinson, Doreen Chance, Eddy Zimuto, Preddi Bononge



Our Funders And Donors

Thank you to all of our funders and donors for your continued support!



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