

# **New Hope North East**

**AGM Report 2023-2024** 



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# **Introduction**

New Hope North East (NHNE) is a registered charity, initially established in 2016 and registered with the Charity Commission in 2020. Our objective is to promote social inclusion and equal opportunity among BAME disabled children/young people and their families in the North East – particularly in the South Tyneside area. We advocate for an inclusive world where all children are loved, valued, safeguarded, and treated equally regardless of their disability – free from segregation, marginalisation, and social exclusion.

Due to the intersectional inequalities and social exclusion our members experience, their access to social, educational, financial, healthcare and support services is limited – which in turn impacts on their health and wellbeing. Our organisation is unique in being the only BAME organisation in Tyne and Wear that solely focuses on supporting this portion of the community. As a 90% parent-carer led organization, we do so informed by the lived experiences of our service users and staff.

Our work is led by the social model of disability, which states that people are disabled by barriers in society, not by their impairment or difference. We deliver a range of support to over 80 socially isolated and excluded 'Hard to Reach' families with disabled children/young people – including those from asylum/refugee backgrounds. We understand that disability is a community issue, not just an individual challenge. As such, we encourage interaction with mainstream families, to promote social inclusion and diversity, and build bridges between local communities. Our services are therefore open to all families, irrespective of their belonging to the BAME community. Our support encompasses all members of our service users' family units, including the disabled children/young people themselves (aged 4-25 years), their parents/carers, their siblings, and peers including families from asylum/refugee backgrounds.

This report will outline the work of the organisation between 2023 and 2024, our successes and challenges, and our hopes for the coming years.



# 1. Background and Operation

Elizabeth Sunduzwayo founded New Hope North East in 2016, in response to the barriers that she faced in getting support for her disabled son as a person from an ethnic minority background. She recognised that ethnic minority families are not accurately or adequately represented or supported in many areas – with the challenges experienced by families affected by disability further exacerbated



due to racial and cultural stereotypes and stigma. She aimed to create a space where these social barriers are removed, and families with disabled children and young people can receive equal treatment and support.

In 2020, NHNE became a registered charity with the Charity Commission. Thanks to the determination of our founders, staff, and trustees, and the generosity of our funders, we've continued to grow and develop our services in response to the needs of our members. Although we've faced many challenges along the way – including navigating the COVID-19 lockdowns, and securing an easily accessible premises for our disabled children – we continue to strive towards our vision of an inclusive world where all children are loved, valued, and safeguarded regardless of their disability.



# 1.1 Weekly Programme of Activities

Over 2023-2024, NHNE successfully delivered a range of support to our service users, the scope of which varied on a weekly basis subject to service user demand, the time of year, and the availability of funding. The support we offered is categorised into our four core activities:

1. Children's Activities: NHNE provided a programme of inclusive activities for disabled children/young people, their and peers attended siblinas. approximately 60 participants per annum. These activities were organised Children and Young People's Activities Lead, Amy Truong. These sessions took place every Friday, 4-6pm, and the activities provided varied from week to week to ensure children/young people engaged with a diverse range of pursuits



that were of interest to all. These sessions provided disabled children/young people an inclusive space to interact with non-disabled children/young people, to learn from each other, to increase their interaction and communication skills, their self-esteem and confidence, and reduce their social isolation and exclusion. Depending on the activity, sessions took place either online or inperson (for example, cooking and baking sessions were held online and children joined in from their own kitchens). The sessions also varied by season; for example, gardening, outdoor sports and games sessions were held in the summer months when the weather was more favourable. Examples included:

• Arts and Crafts – led by Arts and Crafts Lead, Deborah Halliday. Children and young people took part in a variety of arts and crafts activities throughout the year, both in-person and online. These activities



were thematic to reflect the different projects NHNE undertook throughout the year, as well as the seasons and/or special occasions taking place.

- Sports and Games led by Young Apprentice and Sports Coordinator,
  Preddi Bononge. Children and young people engaged with a variety of
  sports and dance activities, including outdoor games, and trips to local
  bowling alleys.
- Cooking and Baking led by Cooking and Baking Lead, Aidevo Eferakorho. Children and young people learned to cook a variety of healthy and nutritious dishes. Sessions took place online via video link, so families could take part from their own kitchens.
- Creative Writing children and young people completed their 'King's
  Project' work, which included writing stories and poems about King
  Charles in celebration of the Coronation. Children and young people also
  completed their work for the 'Fig Tree Writing Project', which included
  writing their own stories and poems on subjects of their choosing.

#### **Participant Testimony:**

"Cooking and baking is so much fun! I learned how to bake cookies, and now enjoy helping my mum in the kitchen." - Precious, Age 13

"I love the arts and crafts sessions! I made a King Charles III painting. I look forward to giving him one day."

— Samantha aged 16

- **2. Parent/Carer Support:** NHNE provided valuable support to approximately 60 parents/carers per annum. We delivered this in four ways.
  - Firstly, we offered parents/carers one-to-one person-centred meetings, to provide information and advice, signpost to relevant agencies and authorities, and guide members through applying for relevant support services and referrals. These meetings can be arranged at any time



during office hours, and our door is always open for parents/carers to drop in for advice and support.

- Secondly, we ran a Parent/Carer Support and Wellbeing forum, which took place once a month on Friday mornings. This is a member-led supportive network through which parents/carers can connect with one another, benefit from their shared wealth of knowledge and experiences, and discuss the challenges they face with others who understand the complexities of raising a disabled child. Representatives from external organisations and local authorities were also invited to give presentations to the parents/carers and provide support and advice. Examples include representatives from Northumbria Police, Tyne and Wear Fire and Rescue Service, SENDIASS, local housing authorities, South Tyneside Commissioning, social services, and others.
- Thirdly, we encouraged parents/carers to attend local networking meetings/events, empowering them to advocate for their own needs and aspirations, and speak out on the issues that affect their families.
- Finally, we hosted a parent/carer trip to Bannatyne's Spa and Health Centre, to give parents/carers a well-deserved break and respite.

#### **Participant Testimony:**

"New Hope North East has given me the confidence to advocate for my child's needs. I no longer feel alone in this journey."

- Parent/carer

"The support groups and events have helped me meet other parents who truly understand what we go through and are my shoulder to lean on."

- Parent/carer

"Before joining, I felt overwhelmed. Now, as a parent with family far away, I have a support system that lifts me up when things get tough."

- Parent/carer

"Spas and eating out are the best thing that would have never happened without New Hope; I feel pampered, thank you very much."

- Parent/carer



- 3. Family Day Trips and Events: NHNE hosted seasonal events and inclusive family day trips attended by approximately 120 participants per annum. These trips/events were held periodically throughout the year and primarily took place on weekends. These trips/events reduced isolation among our service users by encouraging social interaction, developing friendships with people who face similar challenges and the wider community, improved English language and communication skills, introduced families to new locations in the local area, and increased their confidence to undertake such outings for themselves. Examples included:
  - Our annual Christmas and Easter parties
  - Our Coronation party in celebration of King Charles
  - An inclusive family trip to Tynemouth Aquarium
  - An inclusive family trip to the Centre for Life
  - An inclusive family trip to Whitehouse Farm



4. Gardening: NHNE has five wheelchair accessible raised beds in the Trinity

Walk allotment, provided by South Tyneside Council, from which we run seasonal gardening activities attended by approximately 60 participants across the year. These are led by our Gardening Lead, Tendai Dodzo. These sessions took place every Saturday during the growing





seasons. Our group gardening sessions give families the opportunity to plant, tend and harvest a variety of vegetables - promoting healthy eating and wellbeing, social interaction with others, access to green outdoor spaces, and provided an opportunity to develop new skills and knowledge of where food comes from that can be transferred to their home gardens.

The NHNE offices at Trinity House Social Centre operated Tuesday-Friday, 10-4pm. As a small yet fast-paced organisation, our weekly programme of activities varied depending on the time of year, available funding, and our ongoing projects. Although no two weeks look the same at NHNE, the table below outlines what a typical week in our organisation may look like:

Weekday	Activities			
Tuesday	AM – Administrative work, and meeting with NHNE Chair			
	PM – Outreach Work (including visiting drop-in centres, local			
	SEND schools, and contacting existing members to check in)			
Wednesday	AM – Planning meeting for fundraising and Children's Activities			
	PM – Weekly staff meeting			
Thursday	All day – Administrative work, drop-in parent/carer support			
	meetings, liaising with funders and external partners			
Friday	AM – Parent/Carer Forum *once a month*			
	PM – Children's Activities and food delivery drop-off			
Saturday	AM – Gardening Sessions at Trinity Walk Allotment *growing			
	seasons only*			



## 1.2 Needs and Priorities of Children, Young People and Families

As a parent/carer-led organisation, our work is centred on the needs and priorities of the children, young people and families we support, and closely informed by their knowledge and lived experiences. These needs and priorities are dynamic – often reflecting broader political and societal changes. It is therefore important that we regularly liaise with our members to assess the relevance of our services and ensure that our work continues to reflect their needs and priorities.

From the onset, NHNE consulted 41 families/carers through a survey conducted in 2016. While there are over 1 million people with disabilities from BAME communities, our survey identified a lack of recognition of the needs of disabled BAME children/young people and their families, and a gap in the provision of support designed to meet their distinct and diverse cultural requirements. All families with disabled children/young people face barriers and challenges, however, these issues are compounded by the additional barriers experienced by BAME families, which often go unnoticed by the local authority. These include:

- Language barriers resulting in ineffective communication between families and some service providers, hindering access to important resources, information, and networking opportunities.
- Cultural and religious beliefs a lack of understanding or consideration of cultural and religious diversity, as well as negative attitudes towards cultural and religious differences, can result in lack of acceptance and hinder access to support – in turn causing isolation, poverty and poor mental health and wellbeing.
- Discrimination, prejudice and stereotyping leading to unequal treatment and exclusion, limiting access to opportunities for support, and deterring families from seeking assistance.
- Lack of representation in legal and policy aspects policies and legislation may not adequately take the needs of BAME families into consideration or may be actively discriminatory.



• **Economic disadvantage** – BAME families are more likely to experience poverty and live in deprived neighbourhoods than white families, which can limit their access to resources and support services.

Furthermore, 70% of the parents/carers we support stated their health and wellbeing have undeniably taken a toll on them. Many spoke of suffering from exhaustion, isolation, anxiety, and depression due to the pressures of having to repeatedly advocate for their families and push for appropriate support, whilst simultaneously caring for their disabled child/young person. In turn, disabled children/young people from BAME backgrounds similarly face increased levels of social isolation, marginalisation, and exclusion due to this lack of access to appropriate support – which results in decreased mental health and wellbeing. NHNE was therefore created to address these issues, bridge the gaps in access to provisions, advocate for the needs of disabled children/young people and their families, and create a supportive and inclusive community that recognises the unique needs of BAME families and celebrates diversity. As such, NHNE is the only organisation in the northeast that focuses on this portion of the community.

We continue to centre our work on service users' needs and priorities in several ways. Through collecting feedback forms at the end of each activity – including children's activities, trips/events, and parent/carer forums – we regularly assess how successful each activity has been and identify any challenges or room for improvement. This informs the planning of subsequent activities and provides an opportunity for service users to have a say in future activities. We also include the children/young people and their parents/carers in the planning of new projects, activities, and trips/events. For example, following a recent consultation with parents/carers, in which they expressed their interest in undertaking a cultural sewing project, we successfully secured funding to deliver this activity from this month. Collectively, these measures ensure that NHNE remains a member-led organisation and that the support we provide reflects the needs and priorities of our service users.



# 1.3 Referral Routes and Partnership Working

Over the past 9 years, we have been working in partnership with a wide range of organisations including South Tyneside Asylum Seekers and Refugees Church Help (STARCH), Compact For Race Equality South Tyneside (CREST), Inclusion North, North East Autism Society (NEAS), Inspire, South Tyneside Local Authority, Coach Core, RISE, Inclusion North, STREF, and various local special schools. For many disabled BAME children/young people, schools and other public services are not designed to address their unique needs, and oftentimes they are met with additional obstacles, hostility, and closed doors when attempting to access help. As a result, NHNE helps to create a bridge between families and service providers by

accompanying our service users to meetings, signposting them relevant agencies and authorities, and guiding them through applications for support services and referrals. This can include providing advice and support to access suitable housing, education, healthcare services, and financial partner support. turn, our



organisations may signpost families to NHNE to join our organisation and access our services.

We also invite professionals from a diverse range of organisations and agencies to attend our monthly Parent/Carer Forums. This allows service users to engage with support services they may not be aware of or have access to, to learn about the support on offer, and ask questions directly to the representatives. For example, our forums have previously been attended by professionals from Northumbria Police, Tyne and Wear Fire and Rescue Service, South Tyneside Council Housing Services, SENDIASS, CREST, Big Local Jarrow, and South Tyneside College, just to mention a few.





NHNE collaborates closely with local council and government organisations, including South Tyneside Local Authority who support us with funding. In August 2024, we hosted the Mayor and Mayoress of South Tyneside at our office to discuss the barriers and challenges our organisation faces

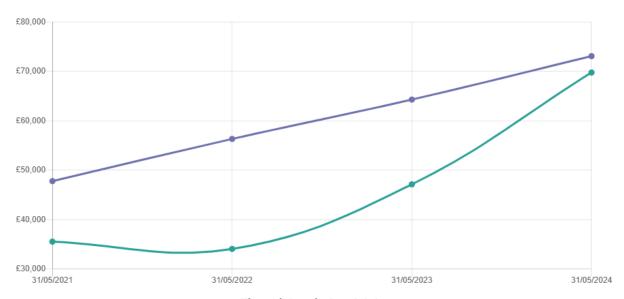
and outline our ambitions for the future. Representatives of NHNE also regularly attend local authority meetings to advocate for the needs of disabled children/young people from BAME communities, and we encourage our service users to attend alongside us. In the coming year, we will be undertaking projects in collaboration with the Northumbria Police and Crime Commissioner, and the Northeast Mayor, which will further strengthen our partnership with local government.

We also work in partnership with local shops such as Asda, Sainsbury's, Morrisons, Tesco, Lidl, and local independent businesses who provide donations for our events and fundraising activities, as well as Gregg's who provide weekly donations of food for our service users.



# **1.4 Financial Progression**

NHNE has worked hard to secure continual funding to support our work, maintain our services, and expand the projects and provisions we are able to offer. Below is a table depicting the financial growth of our organisation over time – demonstrating that the funding we receive and our project expenses continue to increase in tandem as NHNE develops:



Financial period end date

	Income / Expenditure	31/05/2021	31/05/2022	31/05/2023	31/05/2024
<b>✓</b>	Total gross income	£47.80k	£56.33k	£64.29k	£73.08k
<b>✓</b>	Total expenditure	£35.56k	£34.09k	£47.15k	£69.77k



# 1.5 Highlights and Challenges

As for many organisations, the COVID-19 lockdowns were a particularly difficult time for NHNE – especially as our service users regularly face isolation, decreased health and wellbeing, and limited access to support in their daily lives. We navigated the pandemic by organising a programme of online activities and ensuring service users could still access our support and advice virtually. Since the return to face-to-face activities, NHNE has continued to go from strength to strength – expanding its workforce, embarking on new projects, and planning for the future of the organisation. Below is an outline of NHNE's highlights over the past year, as well as the challenges we are currently facing:

#### Highlights:

 NHNE received two prizes at the 2024 Love South Tyneside Awards ceremony, including the 'Supporting Others Award', and the 'Above and Beyond Award' which was dedicated to our CEO, Elizabeth.



- NHNE was also nominated finalist at the 2025 National Coach Core Awards in recognition of its support of our apprentice.
- NHNE hired three new employees including a Trainee Project Coordinator and two Outreach Workers.



- NHNE hosted two seasonal parties for our service users in celebration of Easter and Christmas.
- NHNE provided four inclusive trips for children and families to Whitehouse Farm, Dunes Bowling Arcade, South Shields Beach, and Customs House Christmas Pantomime. We also provided a parent/carer trip to Bannatyne's Spa and Wellbeing centre.
- NHNE completed its combined project for Queen Elizabeth II and King Charles
   III a collection of stories, poems, and artwork inspired by the coronation of
   King Charles III the transition of power from Queen to King.
- NHNE published 'A Treasury of Stories and Poems' a collection of creative writing completed by the children and young people between 2020-2022.
- NHNE hosted the Mayor and Mayoress of South Tyneside at our office in Trinity House Social Centre.
- NHNE staff and service users walked in the 2024 South Tyneside Parade and hosted a stall at the 2024 Ocean Road Mela.
- NHNE have secured funding for a cultural sewing project, a cultural music project, and a hate crime awareness project for the coming year.

#### Challenges:

The rooms we currently occupy at the Trinity House Social Centre have become unsuitable for our service users. As our offices are upstairs, there are accessibility issues for children/young people who require use of the lift, which has remained out of service for some time. There are also ongoing issues with provision of adequate accessible toilet facilities, as well as ceiling leaks and mould in one of the rooms we previously used for children's activities. As such, we have become limited in the activities we can provide from our base location, and we are having to alternate between holding activities online and paying for hall hire as alternative facilities for in-person activities. Furthermore, as we look to expand our charity and our workforce, we are quickly outgrowing the rooms currently used as an office space. Although we have been in discussions with the manager of Trinity House and its Board of Trustees for over a year in relation to their 99 years lease agreement, the process is ongoing.

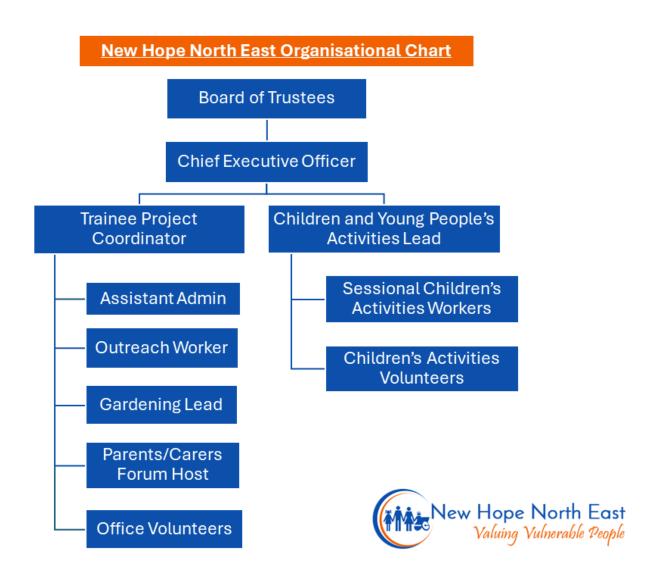


- All NHNE employees currently work part-time, and our office does not operate on Mondays due to the closure of the building, which is at the discretion of the Trinity House management. Securing additional funding for payroll would allow our staff to work longer hours and would also allow the organisation to employ further staff in additional roles. In turn, this would increase NHNE's capacity to deliver its services leading to increased membership of beneficiaries; connected, resilient, happier families with improved health and well-being.
- Over 2024 there were ongoing issues with vandalism and antisocial behaviour
  at the Trinity Walk allotment where NHNE hosts its gardening activities. This
  raised safeguarding concerns for both our service users and staff/volunteers.
  After continued liaison with local police and the council authority responsible for
  the allotment, steps have been taken to secure the premises and ensure our
  gardening activities can take place safely in the coming year.
- As we seek to expand our online presence, in order to better advertise our organisation and increase our outreach and networking capabilities, we require additional support to professionally develop our website and social media pages. This could be achieved through the help of a skilled volunteer, additional training and qualifications for existing staff, or by securing further funding to hire a professional local web developer.



# 2. Staffing and Governance

NHNE's work relies on the synergy and hard work of our trustees, staff, and volunteers. Our team members are drawn from diverse cultural backgrounds, and mostly are parents/carers of children with disabilities. We ensure that our team members receive up-to-date training to maintain regulatory compliance, and as such, all our current staff members and volunteers hold Level 3 Safeguarding and Food Hygiene qualifications. On top of this, many of our staff and volunteers hold qualifications in Understanding Autism and Counselling. The structure of our organisation is depicted in the below organisational chart:





## 2.1 Board of Trustees

#### **1.** John Braithwaite – Chairperson

John is a retired Educationist with experience in trade unions. He has worked extensively with asylum seekers and refugees, and has experience of working across Africa and South Tyneside.

#### 2. Queen Hilda Neshava – Treasurer

Hilda is an experienced Bookkeeper and previously worked for Topics in the Finance Department.

#### 3. Guea Atkinson

Geua is a Project Support Worker at CREST (Compact for Racial Equality in South Tyneside). She is also an inspirational speaker and the founder of the Holistic F.A.I.T.H process, supporting survivors of abuse.

#### **4.** Eddy Zimuto

Eddy is an experienced Social Worker and currently works for the NHS Trust.

#### **5.** Preddi Bononge

Preddi is the Youth Representative on the board of trustees. He is also undertaking an apprenticeship at NHNE as a Sports Coordinator.

#### 2.2 Staff

Since its establishment, NHNE has continued to expand its workforce to keep up with growing organisational demands. Within the last year, we have hired a Trainee Project Coordinator to assist with project planning, staff and volunteer management, and general organisation of the charity. We have also recently employed two Outreach Workers, to increase our network and connect with new members. NHNE also supports a young apprentice who has been training at NHNE in collaboration with RISE and Coach Core. Due to funding limitations, our staff currently work on a part time basis, although we are open to expanding our working hours in the future should



funding allow. Furthermore, due to funding restrictions, our Children and Young People's Activities Lead has had their role temporarily put on hold until further funding can be secured. Our current staff list is as follows:

#### **Management Team**

1. Elizabeth Sunduzwayo – Founder and CEO

Elizabeth is a parent/carer of a disabled young person, and her lived experiences of caring for a disabled child from a minority ethnic background inspired her to found NHNE. She holds an undergraduate honours degree in Disability and Childhood and a Master's degree in Public Administration. Elizabeth is passionate about creating a better life for people living with disabilities in our community and recently received the 'Above and Beyond Award' at the 2024 Love South Tyneside Awards in recognition of her efforts. Elizabeth is also an Expert by Experience, serving in the Advisory Council at Inclusion North. She has vast experience of working with disabled people of all ages, supporting and advocating for more than 10 years.

### 2. Emily McAuliffe – Trainee Project Coordinator

Emily holds first-class History BA and MA degrees and was awarded two academic prizes for her research into human rights and post-genocide reconstruction and reconciliation in Rwanda. She has over 2-years' experience in the charitable sector working for local children's organisations, and completed an internship at Northumbria University's Centre for Global Development whilst completing her Master's degree. Emily is passionate about international human rights and equality and is particularly interested in the rights of asylum seekers and refugees.

3. Amy Truong – Children and Young People's Activities Lead

Amy is a parent/carer of a child with additional needs and is a founding member

of NHNE alongside Elizabeth. She holds an undergraduate degree in Disability

Studies from Northumbria University and has further qualifications in CWDC

Level 3 Play Work.



#### Administration, Outreach, and Sessional Team

- 1. Tendai Dodzo Administrative Assistant/Children's Sessional Worker

  Tendai started as a volunteer at NHNE in 2018, before joining the team as a
  paid Administrative Assistant and Children's Sessional Worker in 2022. She
  holds a Health and Social Care BSc, and an Inequalities and Society MA.

  Tendai is passionate about gardening and has volunteered as our Gardening
  Activities Lead since 2023.
- 2. Rebeccah Matthews Outreach Worker/Children's Sessional Worker Rebeccah is a parent/carer of disabled children, and her family have been members of NHNE since 2018. She holds a Level 4 qualification in Childhood Studies from Sunderland University, as well as Level 2 Teaching Assistant and Childcare qualifications. Having previously been a trustee of NHNE, Rebeccah has been working as an Outreach Worker since November 2024, and she regularly attends drop-in centres to connect with new families and raise awareness of the support we offer. Rebeccah also volunteers at our children's activity sessions, and delivers donated food to our service users on Fridays.
- 3. Christian Okorie Outreach Worker

Chris is a parent/carer of disabled children, and his family have been members of NHNE since 2016. He holds qualifications in Project Management and regularly attends local authority meetings to advocate for the needs of disabled children from ethnic minority backgrounds. Chris has been an Outreach Worker at NHNE since November 2024, and his work focuses on connecting with fathers of disabled children/young people and encouraging them to access support.

4. Deborah Halliday – Children's Sessional Worker (Arts and Crafts)

Debbie is a parent/carer of disabled children, and her family have been members of NHNE since 2023. She holds a BA (Hons) degree in Fine Art, as well as Level 2 qualifications in Counselling and Autism Awareness. Debbie designs and leads our arts and crafts sessions and also assists with our fundraising activities on a voluntary basis.



- **5.** Aidevo Eferakorho Children's Sessional Worker (Cooking and Baking)

  Aidevo is a BSc Psychology Graduate from Newcastle University. She is passionate about cooking and baking and supports NHNE by leading our online cookery sessions. Outside of NHNE, Aidevo works as an Assistant Psychologist and Neurodiversity Coach.
- 6. Patience Etutu Children's Sessional Worker (Cooking and Baking)

  Patience is a parent/carer of disabled children, and her family have been members of NHNE since 2016. Patience supports NHNE by leading online cooking and baking sessions.
- 7. Preddi Bononge Apprentice (Sports Coordinator)

  Preddi has grown up within our organisation as a young person with autism and mental health conditions. In 2023, New Hope partnered with Coach Core and RISE to employ Preddi as an Apprentice Sports Coordinator. In February 2025, NHNE was nominated at the National Coach Core Awards in recognition of Preddi's apprenticeship. Besides sports, Preddi is also passionate about music.

#### 2.3 Volunteers

NHNE could not operate without the kindness and dedication of our team of volunteers. Our volunteers predominantly assist with office administration and/or children's activity sessions, and many utilise the skills and training they receive at NHNE to secure employment. Several of our staff members also work on a voluntary basis outside of their contracted hours, to support fundraising activities, gardening sessions, and food delivery duties. The names and roles of our regular volunteers over the past 12 months are as follows:

- **1.** Tendai Dodzo Volunteer Gardening Lead
- 2. Deborah Halliday Volunteer Fundraiser
- 3. Rebeccah Matthews Volunteer Delivery Driver/Children's Activities Worker
- **4.** Lizzie Henderson Volunteer Office Administration
- 5. Daisy Moyo Volunteer Office Administration/Children's Activities Worker



- **6.** Assiatu Jalloh Volunteer Office Administration/Cleaner
- 7. Rose Chidarikire Volunteer Office Administration/Children's Activities Worker
- 8. Ansy Rwodzi Volunteer Children's Activities Worker



# 2.4 Funders

NHNE would like to extend our gratitude for the continued support of our funders and donors – without which our important work would be impossible.











































# 3. Contacts

Address: Trinity House Social Centre, 134 Laygate, South Shields, NE33 4JD

**Phone:** 0191 6706864 (landline)

07985661602 (Elizabeth Sunduzwayo – CEO)

07367061220 (Emily McAuliffe – Project Coordiator)

Email: elizabeth.newhopenortheast@gmail.com

emily.newhopenortheast@gmail.com

Website: www.newhopenortheast.co.uk

Facebook: New Hope North East

Instagram: @newhope\_ne



# 4. AGM Presentation Slides

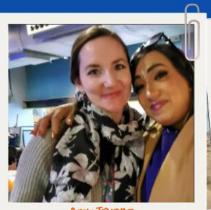




# NHNE PROVIDES FOUR CORE ACTIVITIES...

- . CHILDREN'S ACTIVITIES
- PARENT/CARER SUPPORT
- FAMILY DAY TRIPS
- . INCLUSIVE GARDENING





Amy Truong
Children & Young People's
Activities Lead

NHNE hosts a diverse range of inclusive weekly activities for children and young people!

our sessions are attended by approximately 60 participants per annum.

Together, we learn from each other, increase our confidence, and reduce feelings of exclusion and isolation.





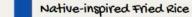












COOKING AND BAKING























Helping out

NHNE provides valuable support to approximately 60 parents/carers per annum.

we offer parents/carers one-to-one person-centred support meetings, to provide information and advice.

We also run a monthly Parent/Carer Support Forum, for parents/carers to connect with each other and share their experiences.

Finally, we also organise trips just for parents/carers for a well-deserved break!













on the coach!

NHNE hosts inclusive family day tips throughout the year - attended by approximately 120 participants per annum.

By exploring the local area together, we reduce isolation, develop friendships, improve English language and communication skills, and increase our confidence.











Tendai Dodzo 6ardening Lead

NHNE has 5 wheelchair-accessible raised beds at the Trinity Walk Allotment.

During the growing seasons, our families plant, tend, and harvest a variety of delicious fruit and vegetables.

Together, we learn new skills, discover where food comes from, and develop healthy lifestyles!







